

2015 AHA Guideline Highlights

Top 3 Changes to BLS



Read the complete 2015 AHA Guidelines at this link:
<https://eccguidelines.heart.org/index.php/circulation/cpr-ecc-guidelines-2/>

1



Not breathing? Naloxone!

The administration of naloxone (IM or IN) by trained BLS providers is reasonable in patients with abnormal breathing and suspected opioid ingestion.

Opioid overdose education

Training to treat an opioid overdose can be provided to opioid abusers and their close contacts.



2

3



Manual spinal immobilization

In suspected spinal cord injuries, lay rescuers should manually immobilize the spine with their hands rather than using immobilization devices.

From: <https://eccguidelines.heart.org/index.php/circulation/cpr-ecc-guidelines-2/>
* For more Canadian content by the HSFC, check out <http://goo.gl/fHu8lc>

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Template designed by Alvin Chin MSc, MD (cand)
Summary by Brent Thoma MD, MA, FRCPC
Reviewed by Teresa Chan MD, FRCPC

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