Mastery Learning & Deliberate Practice

"Perfect practice makes perfect"
Incorporate a mastery learning model for performance behaviors with a minimum standard required to pass.

Measure performance to motivate learners
Measure observable behaviors on the basis of patient outcomes or important process standards, such as time, accuracy, best practice, protocol, or performance.

Use deliberate practice
Skill repetition paired with feedback and exercises - as a training model for behaviors that are difficult to master or for those that can benefit from automaticity, the ability to perform a task with less cognitive load.

Use overlearning to improve retention
Use overlearning for behaviors that are likely to decay and would require effort to retrain to mastery.