Spaced Learning

Read the complete 2018 AHA Resuscitation Education Science Statement at: https://goo.gl/HKzMiZ

Shorter is better
Shorter and more frequent training sessions improve learning outcomes.

Harness the clinical environment
Embedding in situ and clinical debriefing of real clinical events can enhance learning from events outside of courses.

Training in the workplace
Training stations, eLearning, and in situ simulation can be used in the workplace.

Customize learning based on clinical role
Training intervals should be customized based on clinical roles and expectations.

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