

First year Diaries E05: Dr. Mohamed Hagahmed - Preparing for Exams After Residency Graduation

00:00 - 3:33- Introduction

In this episode, Kevin Dong interviews Dr. Mohamed Hagahmed on his transition to practice and how to prepare for your board/licensing exams after you graduate from residency. Dr. Mohamed Hagahmed is an Assistant Clinical Professor in the Department of Emergency Medicine at UT Health San Antonio.

Questions:

1. 3:34 - 5:35 - **Can you talk about your experience and what graduating residences can do to prepare for this transition both for attending-hood and for their board/licensing exam?**
2. 5:36 - 08:43 - **How was that experience for you? There are a lot of things you need to learn just to transition, and on top of studying the exam, there can be a lot of elements. How did you prepare for this?**
3. 08:44 - 12:09 - **How do you prepare for the exam whilst practicing independently?**
4. 12:10 - 15:07 - **How do you tackle and overcome imposter syndrome, while being a staff physician but not quite yet being board certified or licensed?**
5. 15:08 - 17:35 - **Do you have any specific people you seek guidance from, especially when you have tough days?**
6. 17:36 - 20:39 - **When it comes to transitioning, do you have any specific resources that you use?**

20:40 - 23:49 - Closing Remarks